

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lizelle Bester**

Has successfully participated & completed the

**5km Four Seasons @ the Cowhouse - Summer**

held at Cowhouse Market.

**TIME 01:08:47**

**PACE 13:45/km**

**GENDER 68 of 89**

**OVERALL 110 of 145**

**50 - 59 5 of 6**

26 January 2019, Sat

Date



*BoutTime*

Signature

